



AUGUST 2023

# MONTHLY NEWSLETTER

Official Newsletter of L'arche FMR India

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“

Dear Friends and Supporters,  
August was a month filled with unity, celebration,  
and inspiration across our Asha Niketan  
communities in India. From heartfelt Independence  
Day festivities to heartwarming Rakhi Bandhan ties,  
we embraced our mission of inclusivity and social  
inclusion. As we approach Kolkata's 50th anniversary  
in October, we honor our founders' vision and invite  
you to share our newsletter with friends and well-  
wishers. Your unwavering support keeps us  
connected to our mission, making a difference in our  
society. Thank you for being part of our journey.  
With gratitude and warm regards,

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## Subin Varghese

COMMUNICATIONS COORDINATOR  
FMR INDIA



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**August Highlights and a Glimpse into Kolkata's  
Golden Jubilee**

"In August, our communities thrived with Independence Day celebrations, embodying our commitment to inclusivity and social inclusion. As we approach Kolkata's 50th anniversary in October, we honor our founders' vision. Share our newsletter with friends and well-wishers."

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**Dr Premanand M E**

NATIONAL PRESIDENT  
FMR INDIA



# From the desk of the President, L'Arche FMR INDIA

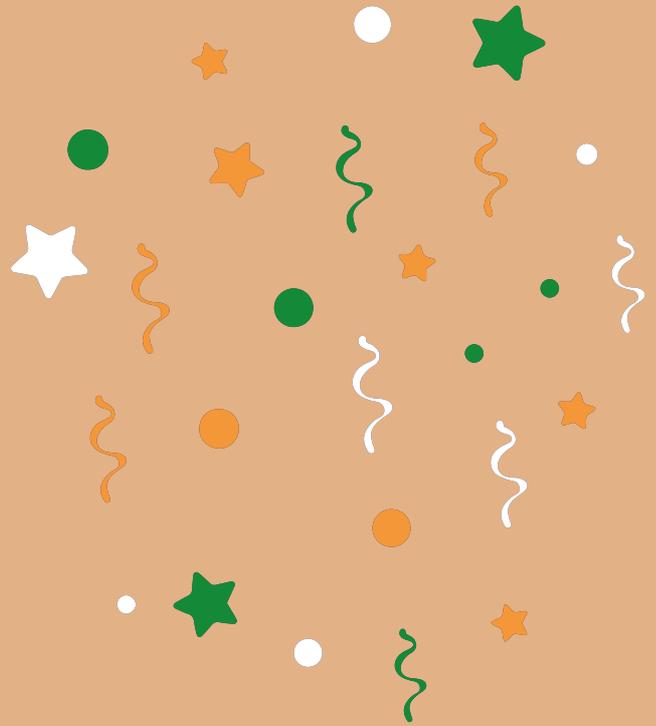
BY DR PREMANAND M E

There have been a lot of activities in all communities, especially during the Independence Day celebrations in the month of August. As India moves forward, we at FMR India too are constantly trying to improve the quality of life for our core members by focusing on inclusivity and accessibility and encouraging social inclusion through community programs and events that foster a sense of belonging.

As you read through, you will get a sense of the increased energy and activity within and outside the communities.

The month of October looks forward to the 50th anniversary of the Kolkata community. It is indeed a remarkable feat to achieve. Thanks to the vision and mission of the founders.

Please forward the Newsletter to your friends and well-wishers too.



Warm regards

Dr Premanand M E  
National President  
L'Arche FMR India.

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It gives hope and immense joy to bring out the highlights of events for the month of August. My gratitude to my team for the regular editions and appreciate all the efforts and commitment that goes into crafting each edition.

Its heartwarming to witness stories of resilience, hope and progress in each of our communities that remind is us of our mission and the importance of the work we do.

Thanks to all for keeping us connected to the mission and making a difference in our society.

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## Bharathi Gopalakrishnan

NATIONAL LEADER,  
FMR INDIA



### Formation for Long-term Caregivers

The purpose of this program was to reinvigorate and inspire caregivers who have been integral members of the community for an extended period. It aimed to address their fatigue, burnout, and sustained dedication throughout the years. The session served as an opportunity for them to rekindle their sense of purpose, reflect on their journey, and envision their future aspirations.

Mr. Rajeevan- Delegate for Asia South Pacific who has been a longstanding member of the organization, led the formation session.

The training encouraged participants to contemplate their personal journeys, the current requirements of the community, existing realities, and ongoing challenges, while also envisioning the future. It served as a platform to strengthen one's dedication and collectively advance both personal growth and the organization's development.

Capturing Moments of Renewed Inspiration and Dedication: A Glimpse into the Caregiver Revitalization Program led by Mr. Rajeevan



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August brought a tapestry of stories from Asha Niketan Asansol Community. Meet Sukanta Chatterjee, a dedicated day scholar core member shaping futures since 2010. Our core members showcased their skills with various products. Transformative workshops engaged MSW students for a month. Independence Day celebrations filled the air with patriotism. 'Rakhi' festivities embraced love and tradition, while vegetable gardening cultivated connections in our community.

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## Sibhasish Mondal

COMMUNITY LEADER,  
ASHA NIKETAN ASANSOL





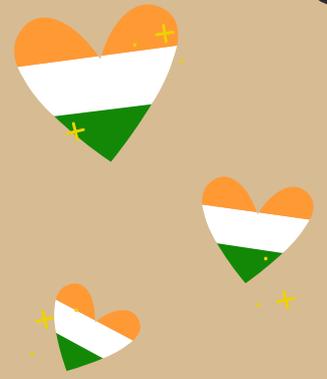
Sukanta Chatterjee: A Dedicated Day Scholar Core Member Since 2010, Shaping Futures in the Pre-Vocational Unit.

Different Products prepared by the core members



Three MSW Students Engage in Transformative Workshop Activities for a Month.

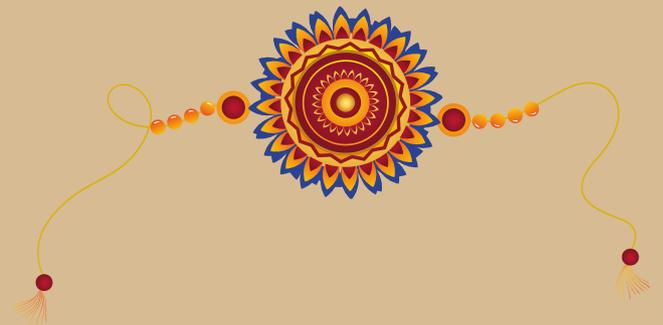




Independence Day Celebrations



Bonds of Love and Tradition:  
Embracing the Joy of 'Rakhi' in  
Our Community



Cultivating Connection: House  
Members Greening Their  
Thumbs and Hearts Through  
Vegetable Gardening



“

August at Asha Niketan Bangalore Community was filled with birthday joy as Gokul celebrated with a cake and culinary adventures alongside Arun Kumar. The spirit of unity shone brightly as we joined forces with the Indian Institute of Psychology and Research for a remarkable Independence Day celebration. A heartwarming ecotherapy program, led by N.S.S Bhavan Environment Trust, brought nature, yoga, music, and meals, making it a truly memorable month of connections and celebration.

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## Charles

COMMUNITY LEADER,  
ASHA NIKETAN BANGALORE





Birthday Bliss: Gokul's Cake Cutting and Culinary Fun with Arun Kumar! 🎂👨🍳



Unity in Celebration: Joining Forces with Indian Institute of Psychology and Research for Independence Day!

In a heartwarming collaboration, N.S.S Bhavan Environment Trust led an ecotherapy program for special children at Asha Niketan. A nature walk, yoga, dance, and soulful melodies by Gokul, Sajana, Srinivasan, and Aramudha made it a memorable day, with event organizers generously providing meals.



BANGALORE UNIVERSITY  
N.S.S. BHAVAN



“

August was a month of inspiration and connections at Asha Niketan Chennai Community. We kicked off the month with "Empowering Minds," a week of enlightenment led by our National Leader. Welcoming Mr. Mathingmi Kasar from Manipur on the 30th marked a new beginning. We also cherished moments of joy with the Marcus Youth Group's visit and celebrated Independence Day with our Chairman as Chief Guest. The return of former assistant members added warmth and memories to the month. August was a tapestry of empowerment, unity, and heartfelt connections.

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## Lozilo Kikon

COMMUNITY LEADER,  
ASHA NIKETAN CHENNAI



"Empowering Minds: A Week of Inspiration with Our National Leader, August 1-5"



New Beginnings: Welcoming Mr. Mathingmi Kasar from Manipur as a Valued Member of Our Family on the 30th.



"On the 27th, the Marcus Youth Group from St. Mark's Church in Adambakkam graced our community with their presence, bringing joy to our core members. Together, they engaged in games, danced, and shared moments of pure happiness. We extend our heartfelt gratitude to them for their acts of kindness, for illuminating our community with their presence, and for generously sharing their blessings by donating everyday essentials."



"On August 18th, we were delighted to welcome Mr. Elangovan's former assistant members back to our community. Their return after all this time was heartwarming, and their week-long dedication to working with us left a lasting impact. As we reminisced about the past and created new memories together, their continued connection to our community was truly appreciated. We extend our heartfelt gratitude to them for their visit and their unwavering commitment to volunteer work."

"Embracing Freedom and Unity: A Remarkable Independence Day Celebration on August 15, with our Chairman as our Chief Guest, where core members participated in flag hosting, competitions, March past, and the national anthem."



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In the vibrant month of August, Asha Niketan Kolkata had much to celebrate and look forward to. From heartwarming Rakhi Bandhan ties to birthday festivities, preparations for Independence Day, and a special visit by the Inner Wheel Club of Kolkata, the community was buzzing with activity. Core members found joy in kitchen activities, and our workshop continued to unveil hidden talents, making this a month filled with meaningful connections and discoveries.

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## Smritikana Mondal

COMMUNITY LEADER,  
ASHA NIKETAN KOLKATA





Rakhi Bandhan



Birthday Celebration



Preparations for the Independence Day





Visit by Inner Wheel Club of Kolkata

Core Members engaged in Kitchen Activities



Where Joy Meets Talent: Discovering Hidden Gems in Our Workshop

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In this newsletter, we share heartwarming stories, including the union of a core member's sister with a GC member's family. Our core members recently visited the newlyweds, spreading joy and savoring a delicious meal. We also celebrate 47 years of compassion and community at Asha Niketan Nandi Bazar, as well as significant government support for a service road construction. Explore the transformative journey of two members through LTA Formation and our unity during Indian Independence Day festivities.

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## Lilly Rose

COMMUNITY LEADER,  
ASHA NIKETAN NANDIBAZAR





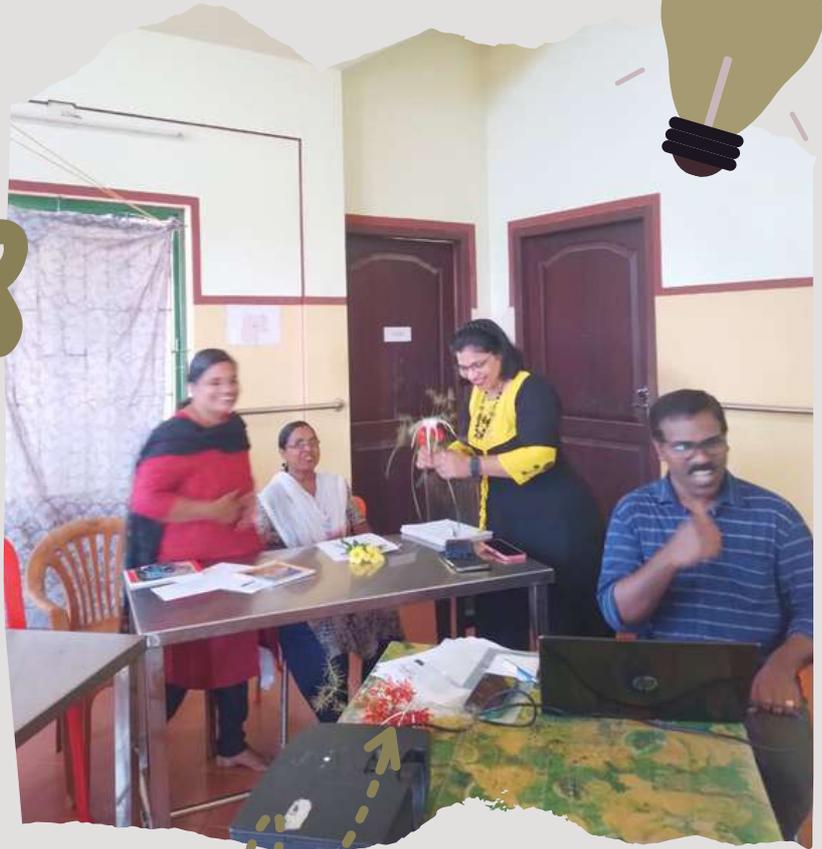
The sister of a core member is getting married, and she also belongs to the family of a GC member. Our core members, accompanied by the staff, made a visit to the newlywed couple's home and relished a delicious meal.



47 Years of Compassion, Care, and Community at Asha Niketan Nandi Bazar

In a significant move, the government has approved an allocation of Rs. 6.73 crore to construct a service road leading to Asha Niketan, addressing safety concerns caused by property division following NHA acquisition.

ദേശീയപാത: 30.55 കോടി അനുവദിച്ചു  
തിരുവനന്തപുരം • സംസ്ഥാനത്തെ 5 ദേശീയപാതാ പദ്ധതികൾക്കായി കേന്ദ്ര സർക്കാർ 30.55 കോടി രൂപ അനുവദിച്ചു. പയ്യോളി പെരുമാൾപുരം അടിപ്പാത (6.29 കോടി), അയനിക്കാട് പുതിയ അടിപ്പാത (6.9 കോടി), വടകര പുതുപ്പണം പുതിയ അടിപ്പാത (4.61 കോടി), മടപുഴ കണ്ണൂക്കര പുതിയ അടിപ്പാത (6.03 കോടി), കൊയിലാണ്ടി നന്തിയിലെ ആശാനികേതനിലേക്ക് സർവീസ് റോഡ് (6.73 കോടി) എന്നീ പദ്ധതികൾ



Mr. Rajeevan ID and Ms. Bharathi NL embarked on a transformative journey through LTA Formation, a process that goes beyond conventional learning. They've acquired valuable skills and knowledge that enable them to cultivate positive thinking and collaborate effectively with our core members and assistants. This newfound wisdom not only benefits them personally but also enhances the overall community experience at Asha Niketan Nandi Bazar.

Core Members, Community Leaders, and GC Members Unite for Indian Independence Day Celebration





*Thank you!*

We anticipate bringing you a plethora of thrilling news and narratives in the upcoming months.



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